

SG-MY Strawberry Nutrimeal

Nutrition Facts

Serving Size: 1 pouch (60 g)

Servings per container: 1

	Per 100 g	Per Serving (60 g)
Energy/Calories	427 kcal (1793.4 kJ)	256 kcal (1075.2 kJ)
Total Carbohydrate	54.3 g	32.6 g
Dietary Fibre	13.3 g	8.0 g
Sugars	30 g	18 g
Protein	25 g	15 g
Fat	12.2 g	7.3 g
Monounsaturated Fatty Acids	9.5 g	5.7 g
Polyunsaturated Fatty Acids	1.2 g	0.7 g
Saturated Fatty Acids	1.3 g	0.8 g
Trans Fatty Acid	0.1 g	0.03 g
Cholesterol	0.8 mg	0.5 mg
Calcium	587.3 mg	352.4 mg
Sodium	711.83 mg	427.1 mg
Magnesium	147 mg	88 mg
Iron	8.7 mg	5.2 mg
Zinc	5.8 mg	3.5 mg
Vitamin E	5.8 mg	3.5 mg
Thiamin (Vitamin B1)	0.5 mg	0.3 mg
Vitamin C	16.7 mg	13.8 mg
Niacin	4.3 mg	2.6 mg
Riboflavin	0.8 mg	0.5 mg
Vitamin B6	0.7 mg	0.4 mg
Vitamin A	320.7 µg	192.4 µg
Vitamin D	4.2 µg	2.5 µg
Folic Acid	114.3 µg	68.6 µg
Vitamin B12	0.8 µg	0.5 µg

Ingredients: Protein Blend (Soy Protein Isolate, Whey Protein (Cow's Milk), Pea Powder), Crystalline Fructose, High Oleic Sunflower Oil, Maltodextrin, Soy, Gum Arabic, Powdered Cellulose, Natural Flavour, Strawberry Powder, Potassium Phosphate, Prune Powder, Calcium Carbonate, Inulin, Oligofructose Powder, Beet Juice Colour, Sodium Caseinate, Salt, Cellulose Gum, Xanthan Gum, Soy Lecithin, Silicon Dioxide, Natural Tocopherols, Citric Acid, Magnesium Oxide, Zinc Gluconate, Malic Acid, Ascorbic Acid (Vitamin C), Ferrous Fumarate, Potassium Iodide, D-Alpha-Tocopheryl Acetate (Vitamin E), Niacinamide, Vitamin A Palmitate, Cholecalciferol (Vitamin D3), Folic Acid, Riboflavin (Vitamin B2), Pyridoxine Hydrochloride (Vitamin B6), Thiamin Hydrochloride (Vitamin B1), Cyanocobalamin (Vitamin B12).

This product contains permitted food conditioners and flavouring substances.

Contains stabilizer, anti-caking agents, emulsifiers, and thickener as permitted food conditioner and permitted flavouring substance.

Contains: Soybean and milk. Produced on equipment that also processes peanuts, tree nuts, eggs, wheat, sesame, and shellfish.

†For our customers sensitive to gluten: no gluten containing ingredients are used in this product. However, wild strawberry nutrimeal is produced in a facility that manufactures other foods that do contain gluten.