

SG MY Vanilla Nutrimeal

Nutrition Facts

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Serving Size: 1 pouch (60 g)		
Servings per pouch: 1 (60 g)		
	Per 100 g	Per Serving (60 g)
Energy/Calories	432 kcal (1814 kJ)	259 kcal (1087.8 kJ)
Total Carbohydrate	54.8 g	32.9 g
Dietary Fibre	13.8 g	8.3 g
Sugars	30 g	18 g
Protein	25.2 g	15 g
Fat	12.3 g	7.4 g
Monounsaturated Fatty Acids	9.3 g	5.6 g
Polyunsaturated Fatty Acids	1.3 g	0.8 g
Saturated Fatty Acids	1.3 g	0.8 g
Trans Fatty Acid	0.1 g	0.03 g
Cholesterol	0.2 mg	0.1 mg
Calcium	519.2 mg	311.5 mg
Sodium	526 mg	315.6 mg
Magnesium	153 mg	91.8 mg
Iron	8.5 mg	5.1 mg
Zinc	5.7 mg	3.4 mg
Vitamin E	5.8 mg	3.5 mg
Thiamin (Vitamin B1)	0.5 mg	0.3 mg
Vitamin C	16.8 mg	10.1 mg
Niacin	4.3 mg	2.6 mg
Riboflavin	0.8 mg	0.5 mg
Vitamin B6	0.7 mg	0.4 mg
Vitamin A	321.5 µg	192.9 µg
Vitamin D	4.2 µg	2.5 µg
Folic Acid	134.7 µg	80.8 µg
Vitamin B12	0.8 µg	0.5 µg

Ingredients: Soy Protein Isolate, Crystalline Fructose, High Oleic Sunflower Oil, Maltodextrin, Soy, Powdered Cellulose, Natural Flavour (Vanilla Powder), Oligofructose Powder, Gum Arabic, Prune Powder, Potassium Phosphate, Calcium Carbonate, Sodium Caseinate, Xanthan Gum, Inulin, Soy Lecithin, Silicon Dioxide, Natural Tocopherols, Cellulose Gum, Salt, Magnesium Oxide, Zinc Gluconate, Ascorbic Acid (Vitamin C), Ferrous Fumarate, Potassium Iodide, D-Alpha-Tocopheryl Acetate (Vitamin E), Niacinamide, Vitamin A Palmitate, Cholecalciferol (Vitamin D3), Folic Acid, Riboflavin (Vitamin B2), Pyridoxine Hydrochloride (Vitamin B6), Thiamin Hydrochloride (Vitamin B1), Cyanocobalamin (Vitamin B12).

This product contains permitted food conditioners and flavouring substances.

Contains stabilizer, anti-caking agents, emulsifiers, and thickener as permitted food conditioner and permitted flavouring substance.

Contains: Soybean and milk. Produced on equipment that also processes peanuts, tree nuts, eggs, wheat, sesame, and shellfish.

†For our customers sensitive to gluten: no gluten containing ingredients are used in this product. However, French vanilla nutrimeal is produced in a facility that manufactures other foods that do contain gluten.

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